



St. Paul's CE Primary School

PE

PE Leader: **Mrs B Dixon**



Mrs Dixon's passion for PE

From a very young age, I have always enjoyed being active and being involved in as many sporting activities as possible! Personally, PE was a subject in which I felt most confident in because I was able to express myself in ways other than written work. Being able to work as part of a team and challenge myself were some of the things I loved the most, not to mention being able to represent my school in competitive games! When designing our unique St. Paul's PE curriculum, my main aim was to provide the necessary learning steps that our children need to take that are inclusive and will help to instil a passion for being active and recognising the benefits that PE has.

PE Subject Vision

Our vision is for all children to experience excellent physical education, school sport and physical activity that will lead to life-long participation.

Our unique PE curriculum will develop physical literacy and will allow pupils of all abilities and ages to learn about themselves, the importance of a healthy lifestyle, self-expression and concepts such as fair play and respect. It will also aid social skills such as teamwork and communication.

Our mission is to show that having access to high quality PE can enhance pupils' attainment and achievement and to create pathways for them to continue to stay active beyond school.

PE and St. Paul's Values & Ethos

The following St Paul's values are evident in our unique PE curriculum.

Friendship and Nurturing:

Each lesson centres around creating an environment that encourages children being respectful to one another by listening to what is being taught, always trying our best in everything we do and helping one another reflect on performances to help with self-esteem.

Respect and Tolerance:

Each lesson is taught in a way that encourages good manners, the ability to listen, follow rules and be proud of our achievements.

Honesty and Integrity:

In many lessons, children are asked to reflect on their performance and other's performances which involves knowing what to say and what not to say to somebody. For example, saying to someone things they could improve on in a respectful manner.

Thankfulness and Joy:

At the end of most lessons, there is a time to applaud children for their performances.

Perseverance and Courage:

Due to the high expectations we have of our children here at St. Paul's, our children are encouraged to be brave and take on challenges. We regularly talk to our children about believing in themselves and asking for help whenever they need it.

National Curriculum aims for PE

The national curriculum for PE aims to ensure that all pupils:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

SMSC Subject Statements

Spiritual

PE supports spiritual development by developing children's sense of enjoyment and fascination in learning about themselves, others and the world around them. Children will be encouraged to use their

imagination and creativity in their learning and showcase a willingness to reflect on their own and others experiences.

Moral

PE supports moral development by teaching children about etiquette, handshakes before and after matches, applauding the opposition, fair play and sportsmanship. Children should follow rules and regulations, gaining a good understanding of rules of sports and the importance of infringements such as penalties that allow children to understand the consequences of their actions which in turn helps children apply this understanding to their own lives.

Social

PE supports social development by teaching children a range of social skills in different contexts, including working and socialising with children from different religious, ethnic and socio-economic backgrounds. Children can also develop their friendship and social mixing through involvement in inter, intra school competition and extra-curricular clubs.

Cultural

PE supports cultural development by encouraging a willingness to participate in sporting opportunities that will help to develop positive attitudes towards different religious, ethnic and socio-economic groups in the local, national and global communities.